

SAMPLE LETTER – Personalize and share this template note for neighbors before trick-or-treating.

Hi, Neighbors –

As Halloween approaches, we need to ask a favor.

Our [AGE]-year-old [SON/DAUGHTER], [NAME], has life threatening food allergies to things commonly found in candy ([ALLERGIES]). If [HE/SHE] comes into contact, through eating or even skin contact, with food containing any of these items, [HE/SHE] could have an anaphylactic response. As you can imagine, this makes celebrating Halloween difficult.

So, we wanted to ask if you plan to pass out candy for Halloween, could you please consider also picking up a small non-food item (stickers, crayons, etc.) and keep it away from the candy to limit contamination? We'd love for [NAME] to be able to participate in Halloween and appreciate help from the community to keep [HIM/HER] safe.

If you're willing to provide a non-food treat, [FOR EMAIL: [here is a teal pumpkin](#) / FOR MAIL: enclosed is a teal pumpkin] you can display indicating your home is safe for us to bring [NAME] to your door. The [Teal Pumpkin Project](#) promotes non-food treats for kids like [NAME]. [FOR EMAIL: [Here's an article from USA Today](#) on the Teal Pumpkin Project for background. / FOR MAIL: To learn more, Google "Teal Pumpkin Project" and you'll find background and news articles on the program.]

To help make [NAME] easily identifiable, [NAME] will be dressed as [COSTUME], and we will identify [HIM/HER] as we come to the door. If we don't see a teal pumpkin, we'll go to the next house, no problem.

Please let me know if you have any questions or want to discuss. You can reach me at [EMAIL/PHONE].

Thank you for reading this and hopefully participating!

Kind Regards,
[FAMILY NAMES]
[ADDRESS]